

2017-2018 AFC Basketball League Rules

1. Games shall be 40 minutes in length.
 - A. (4) 10 minute quarters.
 - B. Clock stops every five minutes of each quarter to sub players in and out (this is not a timeout).
 - C. 5 minute halftime.
 - D. Clock stops for free throws in the last minute of each quarter.
 - E. Game Locations - Saturdays
 - E1. Bethany Church ~ Macungie Campus – Macungie, Pa.
 - E2. Cedar Crest Bible Fellowship – Allentown, Pa.
 - E3. Ebenezer Bible Fellowship Church – Bethlehem, Pa.
 - E4. Calvary Baptist Church – Easton, Pa.
 - F. Game Times – Sundays
 - F1. Bethany Church ~ Macungie Campus – Macungie, Pa. 18062
2. Rims shall be set at 10 feet.
 - A. Rims at Bethany Church Macungie stay at 10 feet.
 - B. Rims at Cedar Crest Bible Fellowship Church stay at 10 feet.
 - C. Rims at Ebenezer Bible Fellowship Church stay at 10 feet.
3. Stealing
 - A. Stealing will be permitted off the dribble.
 - B. Stealing is allowed off the pass.
 - C. Stealing is allowed within offensive half of the court.
 - D. Stealing is NOT allowed on the defensive half of the court.
 - D1. 1st violation of this rule will result in the team keeping possession of the ball.
 - D2. 2nd violation of this rule will result in a 1 free throw and possession of the ball.
 - D3. 3rd violation of this rule will result in 2 free throws and possession of the ball.
 - D4. 4th violation of this rule will result in 2 free throws, possession, and a team foul on the player who stole the ball. (D4 will be repeated if a team continues past 4 violations)
4. Defense
 - A. The defense must set up within the half court area.
 - B. Any type of defense can be played including man-to-man or various zone defenses.
 - C. Double teaming is allowed.
 - D. Block shots:
 - E.1 Arms to go straight up on the defender.
 - E.2 No hovering over a player to prevent a shot.
 - E.3 Players may jump straight up in the air to block a shot.
5. Double Dribbling - No warning will be given. A double dribble will result in a turnover.

6. Traveling - No warning will be given. A traveling violation will result in a turnover.
7. Referee(s)
 - A. No coach will be allowed on the court unless directed by the referee.
 - B. There will be two paid referees at each game this year.
 - C. Each team is responsible for paying one of the referees. This fee will be paid to the referee prior to the game starting.
 - C1. Each team will pay one of the referees \$30.00 prior to each regular season game.
 - C2. Each team will pay one of the referees \$30.00 prior to the playoff game.
 - D. AFC Basketball will be responsible for paying the referee assignor for his job assigning games (regular season/post-season).
 - E. AFC Basketball will be responsible for paying the referee for the All-Star Game.
8. Fouls - Fouls will officially be kept. A child will foul out of the game once he/she has obtained 5 fouls.
 - A. Once a team has 7 fouls, the opposing team shall shoot free throws with a 1 and 1 format.
 - B. Once a team has 10 fouls, the opposing team shall shoot free throws with a 2 shot format.
9. Timeouts - Each team is permitted to have (1) 30-second timeouts per half. Not to be carried over from the first half. Each team is permitted one timeout in overtime; not to be carried over from regular time or previous overtime periods.
10. Team Benches
 - A. Benches will be set up at Cedar Crest Bible Fellowship Church.
 - B. Benches will be set up at Bethany Church (Macungie Campus).
 - C. Only 2 coaches are permitted to be with the team in the bench area during the game.
 - C1. More than one coach can warm the team up with drills.
 - C2. More than one coach can be with the team for other pre-game activities.
 - C3. Once the final horn blows for the game to start, only 2 coaches are allowed to be with the team.
 - D. The benches will be set up on the same side of the gym with the scorer's table in the middle at Cedar Crest Bible Fellowship Church and Bethany Church (Macungie Campus).
 - E. Please keep the players off of the stage area at Cedar Crest Bible Fellowship and Bethany Church ~ Macungie Campus.
11. Score - Score will be kept for the 2018 Regular Season.
 - A. Score will be kept during the year end tournament.
 - B. Overtime - If the score is tied after regulation, an overtime of 3 minutes will be played. If the score is tied after that 3 minute time, another 3 minute overtime period will be played. This will continue until a winner can be determined.
 - C. Score Boards will be used at all locations.
 - D. Coaches need to keep score on a score sheet as well. Score sheets will be provided by AFC.

D1. One coach/parent volunteer must be at the scorer's table to keep score for their team. This is mandatory not optional. Failure to have a bookkeeper, at the scorer's table, will result in a forfeit.

D2. The home team scorer's book will be the official book.

E. Mercy Scoring:

E1. If a team is up by more than 12 points (official score), the official score will be kept in the book, but not on the score board.

E2. If the losing team scores a basket, the score board will be changed accordingly.

E3. For example:

Team A 24 Team B 12

Team A scores two more baskets to make the official score 28 – 12.

Team B scores one basket to make the official score 28 – 14.

The score board will reflect a score of 26 – 14.

E4. This pattern will repeat itself until Team B decreases the margin below 12 or until the game ends.

E5. No fast breaks if a team is up by more than 12 points.

E6. The winning team must allow the defense to get set up in the half court before a shot can be taken.

F. The winning coach is to report the score by texting the score to 610-453-7023 within 24 hours of the game.

F1. Failure to report a score within 24 hours, will result in a \$25.00 fine.

F2. Failure to report a score a second time, will result in a \$25.00 fine and a forfeit.

F3. Failure to report a score a third time, will result in a \$25.00 fine, a forfeit, and that coach not being able to coach in the post-season.

12. Standings

A. Official Standings will be kept during the regular season.

B. The standings will be kept at www.athletesforthecross.com (Basketball Home Page)

C. The standings will be updated as quickly as possible. If the winning team reports their score within the 24 hour window, standings will be updated at least 3 times a week.

D. The standings will be used to set up the seeds for the post season tournament.

13. Jewelry – No jewelry is allowed to be worn; this includes rings, bracelets, and ear rings.

Medical bracelets are the only exception to this rule.

14. Medical Equipment – The following medical equipment will NOT be allowed to be used.

A. Casts – hard or soft.

B. Splints – hard or soft.

Miscellaneous Items:

1. Parents are responsible for their additional children who may not be participating in the game. No child should be outside the gym area unless using the bathroom facilities.
2. Coaches are responsible for their players during the game, and players must stay in the gym unless using the bathroom. If a player needs to use the bathroom during the game, a coach must wait for that child in the narthex. No players are allowed to be outside the gym while their team is playing unless they are using the bathroom.

Bethany Church ~ Macungie Campus

1. Food and drink is allowed in the Worship Center, but please clean up any mess that is created.
2. No bouncing balls or practicing in the narthex area.
3. Teams are permitted to get together in that area to talk about the game, but no practicing will be allowed in that area.

Cedar Crest Bible Fellowship Church

1. No food or drink is allowed in the gym for the spectators. Water is allowed for the players in the bench area only.
2. No bouncing balls or practicing in the foyer area outside the gym.

revised 11/9/17 version 6.8