

7. Dribble Takeaway

Purpose:

Players practice dribbling fundamentals by way of a fun game.

Setup:

Multiple players, each with a ball. Drill boundaries are the 3-point line and the baseline.

Execution:

- * Coach says “go” or blows the whistle.
- * Players must continue to dribble their ball while also attempting to knock the ball away from other players.
- * The last person remaining with a ball is the winner.

Coaching Tips:

- * When the number of players gets smaller, you can require the players to stay within the lane.