

8. Partner Passing with 2 Balls

Purpose:

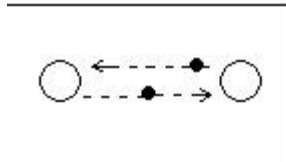
Players work on passing fundamentals.

Setup:

Two players line up 10 to 15 feet apart. Both players have a basketball.

Execution:

* Players pass the balls back and forth to each other.



Players use 2 balls in this drill.

Coaching Tips:

* In this drill players don't have time to step into their passes. They should just be flicking the ball back and forth.

* To increase difficulty, you can have the players move closer together. You can also have them throw two different passes – for instance, one player could throw a bounce pass and the other an air pass.