

20. Partner Shooting Game

Purpose:

Players practice the fundamentals of shooting.

Setup:

* Split team into evenly paired partners. Each person has a basketball.

Execution:

- * Partners both go to the same shooting location on the floor. Younger players need to stay closer to the basket.
- * In order to shoot, partners must bump basketballs and quick release their shot.
- * The first player to make the shot, gets a point.
- * Players will continue to bump, shoot, and score until a player gets 3-5 points.
- * If you have multiple baskets available, more than one pair at a time can shoot. If not, rotate partners so everyone gets a turn.

Video At:

https://www.youtube.com/watch?v=cX2e_VdyHwI

Coaching Tips:

- * Focus on the shooting form of all players. Make sure they are both shooting from the same location.
- * Speed is not a factor so stress to players that they square up and are under control when shooting.