

## 8. Simon Says

### **Purpose:**

Players practice dribbling fundamentals by way of a fun game.

### **Setup:**

Multiple players, each with a ball. Players spread out between half court and the baseline. Players face the coach on the baseline.

### **Execution:**

\* Coach begins game with one of the chosen directives: dribble right, dribble left, dribble back, dribble forward, crossover, between the legs, around the back, spin move, in/out, push/pull. Can also add shoot and box out (with ball on the floor).

\* Players must listen when the coach says SIMON SAYS before a directive and perform that dribbling skill.

\* When a player performs a dribbling skill without SIMON SAYS, they are out.

### **Coaching Tips:**

\* When the number of players gets smaller, speed up the pace of your directives.